

Local Wellness Policy Assessment (bolded)

Knox County Schools, TN                      5/2019

The Smart Snacks in School nutrition standards are developed for foods and beverages sold or offered for sale during the school day in schools that include students in grades pre-kindergarten through 12.

**Knox County Schools Nutrition Department has continued to work with schools to assess compliance of foods and beverages sold to students during the school day.**

Activities for promoting nutrition will include:

1. Taste test opportunities for students;
2. Student survey groups; and
3. Posting nutrition and health posters in school cafeterias.

**Students from various schools across the district were invited to our local chapter's annual food show on October 18, 2018. Students participated in taste tests, and then provided survey results based on their feedback of the items sampled. Several school cafeterias were provided signage that emphasized the benefits of school breakfast. All schools were provided a cling with the same information in hopes of increasing breakfast participation. Knox County School Nutrition Leadership Team met with a student-led group over the course of the year about changes they would like to see in the cafeteria. Samples were provided to this group, and some menu additions were made in response to their feedback.**

Good nutritional habits shall be encouraged. A la carte items should meet the Smart Snacks in School criteria as provided by USDA.

**All a la carte items sold by school cafeterias are analyzed using the Healthier Generation Smart Snack Calculator.**